

Are you worried about domestic or sexual abuse?

Solace provides a help and advice service for people aged 16 or over who live in Southwark.

For help contact
020 7593 1290
southwark@solacewomensaid.org



in Southwark

solacewomensaid.org

funded by



Free and confidential support for people in Southwark.

Abuse can be physical, sexual, emotional or financial which takes place within an intimate or family relationship.

Abuse can include neglect, controlling behaviour, forced marriage, honour based violence or female genital mutilation.

If you are being abused, remember you are not alone.

We can help you by providing advice and support with:

- Improving your safety
- Housing and homelessness
- Finances and welfare benefits
- Access to legal services
- Parenting and children
- Emotional support

We also provide a service for men, women and young people using violence within an intimate or family relationship.



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**If you are in immediate
danger call the police
on 999**

solace